

5 Things

PARENTS NEED TO KNOW ABOUT THE *Adolescent Well Visit*

01



When should teens get a well visit?

The American Academy of Pediatrics recommends that adolescents and young adults to get a well visit every year.

02



What happens at the well visit?

A well visit is more than a physical exam. The visit also includes discussion of other health related topics or anything that is troubling either you or your child.

03



How much does it cost?

Most insurance companies will have NO charge for an annual well visit.*

* check with your insurance company

04



Why should I take my teen to a well visit?

Getting a well visit helps identify and guide your teen's behaviors. It also allows the opportunity to ask a professional any questions.

05



A well visit isn't just for teens!

Teens tend to follow in their parent's footsteps. Schedule a well visit for yourself which will help to encourage your teen to get a well visit.

#EveryAgeEvenTeenage

Additional Resources:
Healthy Families: 800-369-2229
www.idph.gov/Adolescent-Health

